

**2015**



## **Cecchetti Method Classes**

### **Ballet II through Advanced**

*Allen Desterhaft is a Diploma Certified Teacher of the Cecchetti Council of America and is very excited to bring his knowledge and expertise to Legere Dance Centre. Cecchetti Method classes are for serious students who wish to focus on a firm foundation in classical ballet technique. Developed with careful regard for the laws of anatomy, this rigorous system will endow all those qualities essential to a dancer such as balance, poise, strength, elevation, elasticity, ballon and so forth.*

*Classes follow a set barre and center work incorporating terminology and theory as well. This helps the student organize knowledge, attain specific skills, and gain confidence. Students will have the opportunity to prepare for a certification exam, with the approval of the teacher, once the graded syllabus has been accomplished. Examinations are not mandatory for participation in the Cecchetti Method Workshop. Additional fees will incur with this certification exam. The Chicago area hosts exam sessions twice each year.*

*Please visit [cecchettimidwest.org](http://cecchettimidwest.org) for information on our regional committee of the Cecchetti Council of America. The national committee website is [cecchetti.org](http://cecchetti.org). Please don't hesitate to ask Mr. Allen any questions as well. His email address is [abdance@rcn.com](mailto:abdance@rcn.com).*

**Monday, July 20<sup>TH</sup>, 27<sup>th</sup>, and August 3<sup>rd</sup>**  
**Wednesday, July 22<sup>nd</sup>, 29<sup>th</sup>, and August 5<sup>th</sup>**  
**TIME TO BE DETERMINED**

**\$135.00 – Payment due July 10**

**Legere Dance Centre ~ 7377 North Ave. River Forest**  
**Call 708-771-9500 for more information**